

## The Meditations of Marcus Aurelius Marcus Aurelius

Introduction – 00:02:47, Read by: Aegist  
Chapter 01 – 00:16:25, Read by: Kevin McAsh  
Chapter 02 – 00:13:49, Read by: Kevin McAsh  
Chapter 03 – 00:17:40, Read by: Aegist  
Chapter 04 – 00:28:45, Read by: davyobrian  
Chapter 05 – 00:32:36, Read by: Cicoree  
Chapter 06 – 00:27:43, Read by: ontheroad  
Chapter 07 – 00:32:37, Read by: davyobrian  
Chapter 08 – 00:35:59, Read by: Fr. Richard Zeile of Detroit  
Chapter 09 – 00:32:49, Read by: Fr. Richard Zeile of Detroit  
Chapter 10 – 00:28:36, Read by: ML Cohen  
Chapter 11 – 00:25:43, Read by: Leon Mire  
Chapter 12 – 00:22:52, Read by: Leon Mire  
M. Aurelius Antoninus, by George Long – 00:42:55,  
Read by: Leon Mire  
The Philosophy of Marcus Aurelius, by George Long – 00:58:04,  
Read by: ML Cohen

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FOLD

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home page: <http://www.aczoom.com/tools/cdinsert/>

Instructions:

1. Cut out the cover insert, on page 1, around the outer perimeter. Do not cut along the center.
2. Fold the cover insert in half, with the text on the outside.
3. Insert the cover insert in the CD case cover.
4. Cut out the tray insert, on page 2, around the outer perimeter.
5. The right-most long narrow title "tab", on the tray insert, is for CD case with a transparent tray. Remove this "tab" if the CD case has an opaque tray.
6. Fold the left and right long narrow title "tabs" to a 90 degree angle, away from the main tray cover portion. If the right-most "tab" is retained for a transparent tray, fold that "tab" 90 degrees again, away from the title "tab" next to it. The text should appear around the exterior of the folded cover, not the interior.
7. Remove the tray from the case.
8. Place the tray insert in the case.
9. Insert the tray, being careful that the title tabs are flat against the case.
10. Please appropriately discard this portion and the scrap bits of paper.

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Marcus Aurelius wrote Meditations in Greek while on campaign between 170 and 180, as a source for his own guidance and self-improvement. These memos survive and continue to inspire others to this day. These writings take the form of quotations varying in length from one sentence to long paragraphs. He explicates the Stoic philosophy that the only way a man can be harmed by others is to allow his reaction to overpower him. He shows no particular religious faith in his writings, but seems to believe that some sort of logical, benevolent force organizes the universe in such a way that even "bad" occurrences happen for the good of the whole. (Summary by ML Cohen)

Source.....: LibriVox, <http://www.librivox.org>  
Author.....: Marcus Aurelius  
Run time.: 06:59:20  
Chapters.: 14  
Files:  
    meditations\_00\_marcusaurelius... –  
    meditations\_14\_marcusaurelius...

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